

CATV first time awards winner in 2013

Native media event

The Native American Journalists Association (NAJA), based out of Norman, Okla., announced the 2013 NAJA Media Award winners on June 26, 2013. Each year NAJA highlights members’ achievements and recognizes media professionals telling the stories of Indian Country.

Cheyenne and Arapaho television, CATV-47, placed first and second in their respective category, Broadcasting, in their first year of entering the event.

Both first and second place awards were for Best TV Feature Story, with first place, the Bunky Echo-Hawk story and second place, the Lawrence Hart story. Both features were written, produced, videoed and edited by Darren Brown.

“I was really excited when I heard



Photo by Rebecka Lyman
Cheyenne and Arapaho television, CATV-47 Producer, Darren Brown.

By Rosemary Stephens, Editor-in-Chief

that we had won, because it gets our name, our brand out there. We have been on the air going on a year and even around here in Oklahoma people still don’t know who we are. The fact that we won a first and second ... man people are going to hear our call letters two times the night of the awards ceremony. Being the first Native owned and operated television station is a huge deal, it is just huge. I don’t think people realize that. From day one I have been proud of the product we are putting out here at CATV and it is nice to earn a little validation,” Brown said with excitement. “I was a little surprised that Bunky’s story placed first. I figured Lawrence Hart’s would place higher. They are both

See Media awards page 4

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Life’s Journeys

One man among many

By Rebecka Lyman, Reporter/Ad Sales



Patrick Spottedwolf

Born and raised in the heart of Western Oklahoma, Patrick Spottedwolf, Cheyenne and Arapaho, grows strong in his beliefs over the course of his life journey.

“I was born on Sept. 24, 1942 in Clinton, Okla. my mother is Anna, she is from the Twins family, they are Cheyenne and my father is Ben Spottedwolf, Arapaho, from Canton Okla. We lived at Cantonment. My father farmed all through the 40s. I went to school at Canton for the first four years. Fifth grade I went to Concho, sixth grade I went to Carrollton, Okla. It was a one-room school house, I went back to Concho for my seventh and eighth grade years. I finished my high school years at Chilocco Indian School which is where I graduated from in 1960,” Spottedwolf smiled. “I went to my class reunion a couple weeks ago. We all had to look at one another’s nametags to see who each other were. It has been 53 years since we all graduated.”

Spottedwolf laughed as he remembered back on the visit with his classmates.

“When I was going to high school at Chilocco I entered into the National Guard my senior year. From there I went into the Marine Corp. I was discharged from the Marine Corp. in January of 1966. I was what you called a Vietnam Era Veteran, because I spent most of my time on the Marine Corp. base in Okinawa, Hawaii.”

Spottedwolves childhood was filled with work and play that forged a strong bond with his family.

“My dad farmed three sections of allotments. We had horses and we were always going down to the lake,

the lake was filled up pretty good back then. We had built a raft out of wood, we would push it off and go out in to the middle of the lake to dive off of it,” Spottedwolf said. “My grandfather, Ben Spottedwolf Sr., liked to fish, he taught me how to fish. Sometimes I would go down to the lake and fish by myself, catch two or three fish and take em’ back home, clean em’ up and we would have fish for supper. Growing up we would ride the horses bare-back, there was no need for a bridle.”

Spottedwolf laughed and said, “I loved to take off on a horse all day.”

At times Spottedwolf would play at home using his creative mind making his own wooden toys.

“My grandpa would cut me out little blocks of wood and I would carve out trucks and trailers with my little knife. In my imagination it was a good truck. I would try to get my sisters to play cars with me and say ‘get your cars and come play with me’ but they wouldn’t do it,” Spottedwolf laughed. “I was baptized when I was 13 at the Indian Mennonite Church there in Canton. We went to church every Sunday. My grand parents lived in Carrollton, which was five miles southeast of Canton and Cantonment was on the north side of Canton. All together I walked about 10 miles, to go visit them once I got there I would just stay with them. At night I would walk up to Barefoot by myself. They would be having handgames or dances and the old ladies were always playing cards. Sometimes we would all go down there on our wagon with a team of horses, both my grandparents had wagons.”

Spottedwolf spent half of his sum-

mers with both grandparents as a young boy.

“Clinton Oklahoma was where my Cheyenne grandfather, Baldwin Twins, lived. He was an Arrow Keeper at that time. I know of two times I road with him to Fonda for Sundance it would take us two days on the wagon with horses. We rode from Clinton to Thomas, Okla. and stop at the Armstrong’s house and stay there, they would put up a teepee for my grandpa to sleep in with the arrows. The next morning we would load up and go on into Fonda, and set up camp for the Cheyenne Sundance. He always carried the arrows on a wagon. When my grandmother died in 1955 he gave up the arrows. My grandfather’s death was in 1967, that was when my life changed, I had to get into the mainstream.”

Spottedwolf sat in silence as he pondered on his cherished memories, then he went on to share about how he and his father shared their love for dance.

“I was two years old when I began dancing. My father was a fancy dancer, back then we called it war dancing, he was a champion,” Spottedwolf proudly said. “My grandpa, Ben use to take my dad and all go together up north to Wyoming, Montana and even Nebraska to dance. My dad’s style of dancing had two bustles and it was kind of the beginning of the fancy dance here in Oklahoma. My father was considered the world champion from 1946 to about 1954.”

Sharing first place at a fair over fifty years ago with his father is a moment Spottedwolf will never forget.

“One of our family highlights was during the Anadarko fair, my father placed first in the adult division and I won first in the junior division. That was really something for us. At that time at our powwows there were a lot of Arapaho and Cheyenne’s dancing the fancy dance we did not have any grass dancing yet. It was mostly fancy. The old men ... the Chiefs, they danced the straight. My grandfather he danced with a War bonnet and he wore a buckskin shirt and cloth leggings and sometime he would have his Red Moon blanket, but he always had his War Bonnet on, but he did not compete. The only ones competing were the younger groups. It was maybe about the 1950’s the Cheyenne’s started to compete in the straight

dance.”

Spottedwolf said the Cheyenne and the Arapaho straight dancing came from the Sundance Ceremonies.

“It has been told through stories around the drums, that when the Cheyenne and the Arapahos came down here to Oklahoma ... when the military put us down here, the Cheyennes had the fancy dance, but it was one bustle. The way they danced back then was almost like a traditional now. The Arapaho men started the fancy dance. I guess you could say that we perfected it among our tribe. Of course every tribe says that they started the fancy. Kiowas say that hey had it, Pawnees and Poncas said they started it, which is fine, but I know we had started it. I seen it at Canton, I seen it at Geary, and Watonga when I was a little boy back in the late 40s.”

The prize money for competing at powwows during the 50s went a long way said Spottedwolf as chuckled.

“The money was good when you placed, first place was \$10 or \$5. It was fun, back then \$5 could buy a lot. You could get at least five gallons of gas, bread and some groceries to last you at least a week. Gas was only 18 cents a gallon,” Spottedwolf said. “I know when my grandpa would go to church on Sunday, we would go by the store at Carrollton to get gas, there would be one gas deal out there, you would have to hand pump it to get the gas to come up. Sometimes my grandpa would get a quarters worth, a quarters worth would take us to church and back to the house. When he was ready to go to town, he would buy another 20 or 30 cents worth, I don’t think he ever had a full tank, there was no reason for it, to them it was a waista to have that much.”

Saturdays were a day to go town and see if the family won the grocery basket at the local market.

“Living in the country we would only go to town once a week on a Saturday, there would be drawings for grocery baskets or a turkey or something. You would be surprised at how many people would come to those drawings. I think back on those times and it was hard times, but we survived,” Patrick smiled. “Oh man, biscuits gravy, salt pork, once in while we would have hamburger,



Look Inside...

IMPORTANT PER CAPITA Information 2012 & 2013

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Stand Up For The Children
pg. 2



Red Earth Winners
pg. 9

Member Oklahoma Press Association
“2012-2013 Winners of the 2012 OPA Better Newspaper Awards”

Member Native American Journalist Association
“2010-2013 Native American Journalist Association Award Winner”

NAJA
Native American Journalists Association

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Per Capita PUBLIC NOTICES

Notice for 2013 Per Capita Check, 18 year olds

Attention tribal members who turn 18 years old between **Aug. 1, 2012 to July 31, 2013:**

If you are a tribal member whose birthday is on or between these dates, **Aug. 1, 2013 to July 31, 2013**, the per capita office needs you to fill out a W9 by **July 31, 2013**. If your

Important 2012 Per Capita information, no current address on file

Attention tribal members

If your name is listed below, the Per Capita office does not have a current address listed for you.

We need you to fill out a current address form and W9 at the Enrollment Department in order for the **2012** August gaming per capita check to be sent to the correct address.

If you fail to do this by **July 31, 2013**, you will be unable to claim the **2012** August gaming check.

If you are not listed below and have not received your **2012** August gaming per capita check, please request a change of address form and W9 from the Enrollment Department and contact the Per Capita office at (405) 422-7725 or toll free at (800) 247-4612 ext. 27725 to report your check missing.

Please turn in a change of address forms and W9s by **July 31, 2013** to the Enrollment Department.

(Note: This notice pertains to last year's 2012 Per Capita Only)

- Colby Walker Auld
Pamela Joyce Balderas
David Alan Barnes
Victoria Patricia Begay
Daniel John Blackowl
Christopher Anthony Burnham
Jacqueline Caddell
Victor Santiago
Camacho
Eugene Chips
Joseph Dale Cox
Melynda Brittany Cox
Michael Ray Cox
Frederich Eugene Curtis
Regina Marie Curtis
Darla Lea Anne Doyel
Zachary Wade Doyel
Steven Wayne Dubose
Marci Dee Fairchild
Pinella Bianca Fisher
Anthony Juan Fletcher
Ralph Fletcher
Kent Douglas Flowers
Brittany Katherinea
Glody
Harold Arthur Grass
Leo Griffith Haag
Rueban Haley Jr.
Susan Nellie Hawk
Sandy Hawk
Irene Hill
Jeffrey Alan Hunt
Jennifer Jackson
Kavika K. Kaaloa
Megan K. Kaaloa
Elana Joyce Key
Lawrence Henry Kiper
Frances M. Koen
Louis Koen
Carlos Delano Lefthand-Franklin
Delano Lefthand

Alan Ray Little
Coyote Pyle
Seanna Sue Longoria
Kathleen McPherson
William Cody Mack Jr.
Carl William Mandigo
Joseph Neil McDaniel
Thomas Francis Reame
Mertzig
Eric Daniel Minnis
Charles William Moore
Lesley Ann Moore
Chelsea Lynn Nuckolls
Baby Girl Orange
Nahum Shawn Orange
Gayla Elizabeth Pavon
Richard Vaughn Pewo
Thomas Rabbit Sr.
Gerri Gale Rahimi
Joannie Sue Riddle
Maria Christine Rippetoe
Shawn Felicia Rising-bear
Evadonna Sierra Robles
Anthony Shoulderblade
Martha Gayle Tenorio
Carmelita Turtle
Jennifer Esther Lee
Tolbert
Loren Wesley Van Kirk
Frank Lee Wapp
Melanie Dawn Webb
La Rue Ann Wells
George Allen Whiteman Jr.
Guy White Shirt
Florence Pauline Williams
Leonard Damon Wolf
Chief
Samual Wolf Chief
Wesley William Zarsky
Melvin Gene Zwirtz

Notice for 2012 Per Capita Check, 18 year olds

Attention tribal members who turned 18 years old between **Aug. 1, 1993 to July 31, 1994**

If your name is on this list below, the Per Capita office needs a current W9 on you. We need you to fill out a current address form and W9 at the Enrollment Department in order for your 2012 August gaming check to be mailed out to the correct address. If you fail to do this by **July 31, 2013** you will not be able to claim the 2012 August gaming check.

If you are not listed below, turned 18 years old during these dates and **Have not** received your 2012 August gaming per cap check, please request a change of address form and W9 at the Enrollment Department and contact the Per Capita office (405) 422-7725 or toll free (800) 247-4612 ext. 27725 to report your check missing.

Please turn in a change of address form and W9 by July 31, 2013 to the Enrollment Department.

Shane Tyler Anderson
Laura Anne Caperton
Denzel Sugar Ray Chism
Justin Larry Don Crosby
Josiah David Decker
Nancy Ann Hadley
Shawn Rae Island

Karl Jayvin Lehr
Ashley Dawn Lettkeman
Dylan Joseph Olbright
Clarissa Ranea Peters
Richard Rudulfo-Hawke Vendiola
Tristan Alexander Wallace
Andrew Jacob Williams

2012 Per Capita checks returned unable to deliver

Attention all tribal members

If your name is listed below, the Per Capita office has received your **2012** August gaming per capita check back in the mail.

We need you to fill out a current address form and W9 at the Enrollment Department in order for your 2012 August check can be sent to the correct address. Failure to do so by **July 31, 2013** means you will not be able to claim your 2012 per capita check.

If you are not listed below and have not received your **2012** August gaming per capita check, please request a change of address form and W9 through the Enrollment Department and contact the Per Capita office at (405) 422-7725 or toll free at (800) 247-4612 ext. 27725 to report your check missing.

Please turn in a change of address form and W9 by **July 31, 2013** to the Enrollment Department.

(Note: This notice pertains to last year's 2012 Per Capita checks only)

- Kyle Derin Barrow
Dennis James Bushyhead
Brian Joseph Christy
Gary Dale Christy
Chad Michael Clark
Tyson Lee Davis
Price Loel Dunham
Joseph Lloyd Ellis
Lawrence L. Embry
Kenneth Lee Everett
Timothy James Everett
Paul Elliott Flores
Michael John Gawhega
Paul Richard Gilbert
Jennifer Rebecca Gillis
Robert Lee Godfrey Jr.
Kimberly Michelle Grant
Autumn Michelle Harrington
Shelby Lynn Hawk
Cody Glen Hollingshead
Vernon Leevoyd James
Jason John Kinslow
Rivers McKenzie
James Monty Miller
Michael Lewis Mize
Delana Moree Molen
Jane Ellen Morris
Richard Franklin Nahwooksy Jr.
Daren Dewayne New-

some
Jeffrey Jay Newsome
Delbert H. Nowlin
Gabrielle Kay Nuckolls
Tina Marie Pollock
Jacob Michael Reckling
Bill Russel Reed
Derek Joseph Rice
Matthew Ryan Rice
Alycia Michelle Roman
Martha Gretchen Salazar
Ashley Elizabeth Smoker
Erica Nicol Standing Water
Kayla Marie Standing Water
Christian Jan Starr
Hugh Michael Staver
Diane Lee Tallbear-Kern
Edith Turner
Susan Ann Warner
Thamar Anna White
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Native American Journalist Association member

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2013 NATIVE AMERICAN JOURNALIST ASSOCIATION MEDIA AWARD WINNER & 2013 WINNER OF THE OPA 2012 BETTER NEWSPAPER CONTEST

TRIBAL TIDBITS



Courtesy photo

Those attending and completing the first phase of a three part training course are pictured from l-r: Slyvia Sandoval, C-1 admin. assistant, Deanna Dorsett, ICW support staff, Lewis K. Tall Bear, public relations coordinator/Legislative staff office, Virginia Reyes, Encumbrance clerk, Procurement, Grants and Contracts, Corrine Morton, A-3, Speaker of the Legislature/admin. assistant, Vida Blackwolf, C-3 admin. assistant and Falmouth Instructor, Lisa Riggleman.

The fourth Legislative branch along with delegates from Indian Child Welfare (ICW) and Procurement, Grants and Contracts sent their support staff to attend a training seminar entitled Professional Excellence I on June 26-28, 2013 in Las Vegas, NV.

They will be attending 2 more additional training courses, after completion, they will take a certification test to be professionally certified as administrative professionals.

Courtesy photos

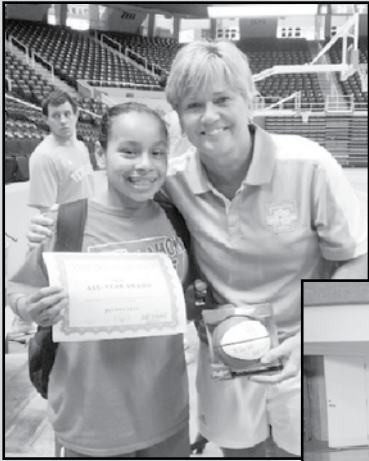


Photo right: Jandra and Jude Schimmel.



Photo left: Jandra, Isaiah and the Schimmel sisters, Shoni and Jude Schimmel.

Jandra Levi, recently attended the Holly Warlick, University of Tennessee Lady Vols Elite basketball camp and the Jeff Walz Louisville Women's basketball camp as well.

Jandra made the All Star team and got to play in the All Star game at the completion of the camp. She received a signed souvenir basketball, a water bottle, head and wristbands and an All Star team certificate. The camp is for players who compete on a higher level.

We are very proud of Jandra and all of her accomplishments she has made on and off the court. Jandra will be a freshman this next year for Norman High School and has already played for the Varsity team during summer league and camps.

She is also a member of the Cheyenne and Arapaho R.E.Sp.E.C.T.14 and under, 16 and under and high school teams. She recently played in the Jim Thorpe Games with R.E.Sp.E.C.T. and the 14 and under and 16 and under teams both

Media awards

continued from page 1

great stories, but way different. Hart's story is historical and biographical news piece where a person goes, 'wow I had no idea,' and it draws a person in for those seven to eight minutes. Bunky's story, we just happened to have run into him at the National Indian Education Association last year. We went into a classroom and seen what he was doing. I shot it a little differently than I did Lawrence Hart's news piece.

- COLLEGE**
- College - Best Photo**
- 1st Place - Marcus Baronskie
- College - Best Feature Story
- 1st Place - Ramona Marozas "Powwow brings tradition to SCSU" WCCO - CBS Minnesota
- 2nd Place - Joshua Woosypitti "Watchman on ANTM" Haskell Indian Leader
- 3rd Place - Janice Mendez "Follow-up to commencement powwow" Haskell Indian Leader
- College - Best News Story**
- 1st Place - Kyle Griggs "Confusion surrounds student senate election" Haskell Indian Leader
- 2nd Place - Janice Mendez "Caught in tweet" Haskell Indian Leader
- 3rd Place - Janice Mendez "Chiller barrels delay A/C at Blue Eagle" Haskell Indian Leader
- College - Best TV News Story**
- 1st Place - Ramona Marozas "Powwow brings tradition to SCSU" WCCO - CBS Minnesota
- 2nd Place - Ashley Ignacio "Apology to Native Americans" Haskell Indian Leader
- 3rd Place - Ramona Marozas "Beading circle revisits ancient traditions" WCCO - CBS Minnesota
- College - General Excellence**
- 1st Place - Haskell Indian Leader
- DIVISION I**
- Associate - Best News Story / Coverage of Native Americans**
- (Combined Category)
- 1st Place - Stephanie Wodard "Rough justice in Indian Child Welfare"
- Indian Country Today Media Network
- 2nd Place - Cindy Yurth "Confluence residents oppose development plan"
- Navajo Times
- 3rd Place - Stephanie Wodard "Native youth in crisis: Tribes grapple with a suicide emergency"
- Indian Country Today Media Network
- Best Column**
- 1st Place - Steve Russell "full-blooded Indians face the most racism" Indian Country Today Media Network
- 2nd Place - Ray Cook "A history lesson for Matt Lauer and his viewers" Indian Country Today Media Network
- 3rd Place - Ruth Hopkins "Indian Country and the Second Amendment" Indian Country Today Media Network
- Best Environmental Story**
- 1st Place - Tristan Ahtone "Get the frack out of here!" Indian Country Today Media Network
- 2nd Place - Terri Hansen "Toxins in every glass" Indian Country Today Media Network
- 3rd Place - Noel Lyn Smith - "Hopi continues snowbowl fight" The Navajo Times
- Best Sports Story**
- 1st Place - Valerie Taliman "Beyond bronze" Indian Country Today Media Network
- 2nd Place - Alastair Bitsoi "Playing for dad" The Navajo Times
- 3rd Place - Quentin Jodie "Dad's helping hands" The Navajo Times

- Bunky was doing some live painting and he had a live DJ and the kids were really into it and there was just a high positive energy. When I put it together I tried to convey that energy into the story."
- This year's newspaper media entries were down compared to last year's numbers. Previously, there were five divisions based on the total number of copies printed per month, however for the 2013 awards there were
- Best Feature Story**
- 1st Place - Mary Pember "The fire next time" Indian Country Today Media Network
- 2nd Place - Alastair Bitsoi "Spirituality gave me a second chance" The Navajo Times
- 3rd Place - Krista Allen "Art as life" The Navajo Times
- Best News Story**
- 1st Place - Rob Capriccio-so "Obama sends a message" Indian Country Today Media Network
- 2nd Place - Krista Allen "Dine worker fired for speaking Dine" The Navajo Times
- 3rd Place - Rob Capriccio-so "Not again" Indian Country Today Media Network
- Best Layout**
- 1st Place "Navajo Times" General Excellence
- 1st Place - This Week from Indian Country
- 2nd Place - The Navajo Times
- (There were no entries in Division 2 and 3)
- DIVISION IV**
- Associate - Best News Story**
- 1st Place - Wil Phinney "FBI arrests four for April 6 beatdown" Confederated Umatilla Journal
- 2nd Place - Ron Karten "Paddle to Squaxin Island" Smoke Signals
- 3rd Place - "Chuck Williams" Life in the trenches" Smoke Signals
- Associate - Best Photo**
- 1st Place - Wil Phinney "Messy painter" Confederated Umatilla Journal
- 2nd Place - Michelle Alaimo "Log crawl" Smoke Signals
- 3rd Place - Wil Phinney "Nixyaawii runners take direction" Confederated Umatilla Journal
- Daily / Weekly - Best Sports Story**
- 1st Place - Lenzy Krehbiel-Burton "Okla. Horse racing industry protests Creek deal" Native American Times
- Daily / Weekly - Best News Story**
- 1st Place - Lenzy Krehbiel-Burton Native American Times
- Monthly/Bi-Monthly - Best Sports Photo**
- 1st Place - Dallas Dick "Spectacular mutton-bustin" Confederated Umatilla Journal
- 2nd Place - Sterling Cosper "Eight seconds" Muscogee Nation News
- 3rd Place - Chalene Toehay "Woodland plays for state" Osage News
- Monthly/Bi-Monthly - Best Sports Story**
- 1st Place - Sunnie Clahchischiligi "Lacrosse sisters" Osage News
- 2nd Place - Jill-Marie Gavin "In the cage" Confederated Umatilla Journal
- 3rd Place - Darren DeLaune "Roberts brings new life to culture, sports" Muscogee Nation News
- Monthly/Bi-Monthly - Best Feature Photo**
- 1st Place - Jacelle Ramon-Sauberan "Caesar Williams" Osage News
- 2nd Place - Benny Polacca "Ready to straight dance" Osage News
- 3rd Place - Chalene Toehay "Cultural walk" Osage News
- Monthly/Bi-Monthly - Best Feature Story**
- 1st Place - Sunnie Clah-

- no newspaper entries in Division 2 and Division 3.
- Newspapers, who did enter in either Division 2 or 3 were given the option of moving to another division in order to have their entries judged.
- The Cheyenne and Arapaho Tribal Tribune, usually Division 3, competed in Division 4-Monthly/Bi-Monthly category. Other newspapers that submitted entries in this category were Osage News,
- chischiligi "Veteran portraits" Osage News
- 2nd Place - Jacelle Ramon-Sauberan "Osage transgender running for Third Osage Congress shares story" Osage News
- 3rd Place - Rosemary Stephens "Five-year-old golfer works his way to the pros" Cheyenne & Arapaho Tribal Tribune
- Monthly/Bi-Monthly - Best News Photo**
- 1st Place - Shannon Shaw-Duty "Back to roundhouse" Osage News
- 2nd Place - Gerald Wofford "Fire destruction" Muscogee Nation News
- 3rd Place - Dallas Dick "In it for the short haul" Confederated Umatilla Journal
- Monthly/Bi-Monthly - Best News Story**
- 1st Place - Shannon Shaw-Duty "Business trips" Osage News
- 2nd Place - Benny Polacca "William Kemble resigns as treasurer of the Osage Nation" Osage News
- 3rd Place - Benny Polacca "Pawhuska Village Five-Man Board chairman resigns amid audit findings" Osage News
- Monthly/Bi-Monthly - Best Column**
- 1st Place - Shannon Shaw-Duty, Osage News
- 2nd Place - Gary Fife "Learning our language, regaining culture" Muscogee Nation News
- 3rd Place - Gary Fife "Emvvpnavy" Muscogee Nation News
- Monthly/Bi-Monthly - Best Layout**
- 1st Place - Confederated Umatilla Journal
- 2nd Place - Smoke Signals
- 3rd Place - Muscogee Nation News
- Monthly / Bi-Monthly - General Excellence**
- 1st Place - Smoke Signals
- 2nd Place - Confederated Umatilla Journal
- 3rd Place - Muscogee Nation News
- DIVISION V**
- Associate - Best Coverage of Native Americans
- 1st Place - Jason Coppola "Lakota: The revitalization of language and the persistence of spirit" Truthout
- 2nd Place - Winda Collins "Elena's Legacy" Potawatomi Traveling Times
- 3rd Place - Winda Collins "Learning life's lessons" Potawatomi Traveling Times
- Associate - Best News Story**
- 1st Place - Ace Stryker "Fiscal limbo" Southern Ute Drum
- 2nd Place - Ace Stryker "Bringing endangered fish back" Southern Ute Drum
- 3rd Place - Beverly Bidney "Native relief found" Seminole Tribune
- Associate - Best Photo**
- 1st Place - Ace Stryker "Basket weaver" The Southern Ute Drum
- 2nd Place - Jeremy Wade Shockley "Blues brothers tribute" The Southern Ute Drum
- 3rd Place - Diane Rodriquez "Awaiting the start" Confederated Tribes of Siletz Indians
- Best Sports Photo**
- 1st Place - Jeffrey Keeble "Pensive golfer" Potawatomi Traveling Times
- 2nd Place - Jeffrey Keeble "Get me the ball" Potawatomi Traveling Times
- 3rd Place - Lindsey Bark

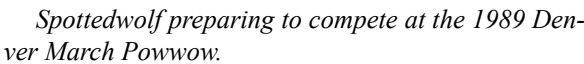
- Muscogee Nation News, Confederated Umatilla Journal and the Comanche Nation News.
- The Tribal Tribune placed third this year in the Best Feature story category, "Five year old golfer works his way to the pros," by Rosemary Stephens.
- Below is a complete list of all the 2013 NAJA media winners. Congratulations to all the 2013 NAJA media award winners.
- "Too much turf" Gaduwa Cherokee News
- Best Sports Story**
- 1st Place - Ronnie Washines "Randoll Corpuz wins another pro fight" Yakama Nation Review
- 2nd Place - Roselynn Wahatomy "BHS quarterback tackles challenges" Sho-Ban News
- 3rd Place - Jeffrey Keeble "FCP youth makes it to sectionals" Potawatomi Traveling Times
- Best Environmental Story**
- 1st Place - Michael David Bushman "Asum being given a helping hand to thrive" Yakama Nation Review
- 2nd Place - Jeff Vele "Controversial removal of railroad" Mohican News
- 3rd Place - Louis Montclair "Disease killing deer in eastern Montana" Fort Peck Journal
- Best Editorial**
- 1st Place - Steve Bonspiel - The Eastern Door
- 2nd Place - Steve Bonspiel - The Eastern Door
- 3rd Place - Steve Bonspiel - The Eastern Door
- Daily / Weekly - Best Feature Story**
- 1st Place - Steve Bonspiel "Community bids adieu to beloved high school teacher" The Eastern Door
- 2nd Place - Roselynn Wahatomy "Camas Prairie Homecoming" Sho-Ban News
- 3rd Place - Richard Peterson "Fifth president in FPCC history inaugurated" Ft. Peck Journal
- Daily / Weekly - Best News Story**
- 1st Place - Timmy Norton "Angry parents spur new election" The Eastern Door
- 2nd Place - Steve Bonspiel / Timmy Norton "School committee under fire" The Eastern Door
- 3rd Place - Richard Peterson "Return of genetically pure bison celebrated by tribes" Fort Peck Journal
- Daily / Weekly - Best Layout**
- 1st Place - Sho-Ban News
- 2nd Place - The Eastern Door
- 3rd Place - Lakota Country Times
- Daily/ Weekly - General Excellence**
- 1st Place - The Eastern Door
- 2nd Place - Lakota Country Times
- 3rd Place - Sho-Ban News
- Monthly / Bi-Monthly - Best Feature Photo**
- 1st Place - Jeffrey Keeble "Fancy shawl dancer" Potawatomi Traveling Times
- 2nd Place - Robert Ortiz "Four corners walk" The Southern Ute Drum
- 3rd Place - Lindsey Bark "Native drum group at NSU" Gaduwa Cherokee News
- Monthly / Bi-Monthly - Best Feature Story**
- 1st Place - Michael-David Bushman "Letting nature take its course revives dormant food" Yakama Nation Review
- 2nd Place - Lindsey Bark "Woody Hair UKB elder" Gaduwa Cherokee News
- 3rd Place - Darla Leslie "Native uses art to deliver message" Yakama Nation Review
- Monthly / Bi-Monthly - Best News Photo**
- 1st Place - Jeffrey Keeble
- List continued on page 6

continued from page 1

The Cuban missile crisis, known as the October Crisis in Cuba and the Caribbean crisis in the former USSR was a 13 day confrontation between Soviet Union and Cuba on one

Once back home in Oklahoma Spottedwolf found himself fighting and hanging out at the local bar.

“I did not really get into ceremonies until later on in my life. When I came home, I was a little bit crazy, I wanted to go out and fight drink. I would work all week and take half my paycheck go downtown and stay drunk for two days. I don’t know how I did it but I would be back at work on Monday,” Spottedwolf said. “One day I just got tired of it, I wanted to live. I look around at my cousins or somebody I knew that may have straightened up and their home life looked good. I said to myself that is how I wanted to be, I admitted my prob-



“When I started going to ceremonies I would see some guys come in drunk, wanting to do this and that. I would tell them no, you can’t, sober up and then come back. It was kind of hard to get them to understand that,” Spottedwolf seemed to be reserved about sharing his

Continued on page 9

By Gerald Green, Clinton Daily News

The flags are those of the United States,

Next month the Clinton Daily News will again join in honoring area veterans with its fifth annual “*Saluting Our Patriots*” edition.

1 can (about 15 oz) low-sodium kidney beans, drained.

In a large pan, cook ground beef over medium heat for 8-10 minutes. Drain fat.

Add onion, green pepper and tomatoes to ground beef, cook until onion turns light brown.

Turn down heat to simmer. Add macaroni, tomato juice, spices and beans. Stir well.

Cover pan, simmer for about 20 minutes.

Remove pan from heat, stir and serve hot.



Aug. 28-30, 2013 at the Platinum Hotel in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

EATING

well for

DIABETES

Belly Fat

By Tara Conway, MS, RD/LD, CDE
C&A Diabetes Wellness Program

Belly Fat May Drive the Inflammatory Process Associated with Diseases

Visceral Fat is the fat that surrounds the organs in the gut. New research shows that visceral fat likely leads to increased inflammation in your body and well as increasing insulin resistance. Visceral fat produces c-reactive proteins which are associated with inflammation. Prolonged inflammation leads to destruction of cells and eventually damaged cells. Chronic inflammation is associated with insulin resistance, hypertension, type 2 diabetes, periodontitis and atherosclerosis. Other disorders associated with inflammation include Acne, Asthma, Celiac Disease, Inflammatory bowel disease, Rheumatoid Arthritis.

As a result of less activity and eating fattier foods people are overweight and obese and these diseases are associated

with obesity. There is clear evidence that we should choose low fat foods and increase our activity. The size of your waist matters, for men it should be 45 or less, for women 35 or less.

Taking a look at high fats foods that we should choose less when we eat in the grains includes high fat breads, crackers, cereals (including cereal with added sugar), granola type cereals, doughnuts, pastries, croissants, biscuits, muffins and egg noodles. High at vegetables prepared with cream, butter type sauces or meat drippings, fried vegetables, coconut. Should eat less marbled or fatty cuts of beef, pork, lamb, regular ground meats, processed meats such as hot dogs, hot links, sausage, bacon and regular lunch meats, organ meats, egg yolks, eggs prepared

with cream sauces. Whole milk or 2% milk, chocolate milk, half and half, non-dairy creamers, whipped toppings, 2% or whole milk cottage cheeses, all natural cheeses such as blue, cheddar, Swiss, and processed cheese food. The fats and oils we should choose less of include products containing butter, coconut oil, palm kernel oil, bacon fat and other meat drippings, stick margarine, hydrogenated shortenings, commercial bakery products, products prepared with chocolate, candy bars, jams, jellies, alcoholic beverages.

Do you see any foods that you eat? If you need help understanding how to make healthier choices and how to increase your exercise, contact the Diabetes Wellness Program @ 1-800-247-4612 ext. 27685.

Boarding school prep workshop

While recognizing that many children, for various reasons, cannot live at home and attend public school, the Cheyenne and Arapaho Tribes Department of Education will be hosting a Boarding School Application Prep day for Parents and Students on July 18, 2013 at the Department of Education Offices located at 200 Wolf Robe Circle, Concho, Okla. The event will begin at 11:00 a.m. with a noon working lunch and should end at approximately 2:00 p.m. Parents are asked to bring student documents relevant to application for admission.

Riverside Indian School, Chickasaw Children’s Village (formerly called Carter Indian School), and Jones Academy will attend. Sequoyah High School has been invited along with other High School accelerated programs.

The school staff will provide the information for students applying for admission during 2013-2014 school year. School start dates will be listed and staff can answer questions regarding information pertaining to the student. Meet a boarding school representative to discuss your child’s application for admission.

Parents bring your child’s birth certificate; current school transcripts; immunization records; original social security card; certificate of degree of Indian blood (tribal enrollment verification), or call 405-422-7600 to request a CDIB; any test scores you may have on your child; and current physical form. Court appointed guardians must provide legal document showing guardianship. Bring any other information you feel may be helpful for your child’s application for admission to boarding school. If you do not have the listed items you may sign an authorization to release information and the school can request the necessary documents.

A working meal will be provided from 12-1pm. For more information call 405-422-7560 or email Wanda Whiteman at wwhiteman@c-a-tribes.org.

PROGRAM PROFILE

Social Services Department includes five programs which are Emergency Youth Shelter, Indian Child Welfare, Domestic Violence, Food Distribution, and Social Services

The General Assistance Program

The GA Program of Social Services provides services under BIA contract as a temporary welfare program parallel to TANF at the state level. The program assists clients financially who are in an emergency crisis situation. The monies distributed from Southern Plains region BIA in Anadarko. All client services are provided through Social Services, Concho offices.

The Social Services department received stimulus funds, under the American Recovery and Reinvestment Act, these funds will be used to stimulate our tribal community and in turn the national economy by putting as many people to work as possible.

Program Purpose: The purpose of General Assistance Program is to provide welfare assistance to federally recognized American Indian and Alaska Native tribal members who are in immediate need of financial assistance. Cash assistance provides essential needs: food, clothing, shelter, and utilities to clients deemed eligible. These individuals must be enrolled members of federally recognized tribes. Prove their inability to meet essential needs. Reside in an approved 11 county service area (Blaine, Beckham, Canadian, Custer, Dewey, Ellis, Kingfisher, Major, Roger Mills, Washita, Woodward). Apply concurrently for all other federal, state, tribal, county, and local programs for which he/she may be eligible. Cannot be receiving any comparable assistance.

The applicant must demonstrate they are actively seeking employment by providing the social services worker with evidence of job search activities, including the use of available state, tribal, county, local, or Bureau-funded employment services. Perform successfully in the work related activities, community service, training and/or other employment assistance programs.

Program Goals: The goal of the General Assistance program is to increase self-sufficiency. Each General Assistance recipient must work with the Caseworker to develop a signed and agreed upon Individual Self-Sufficiency Plan (ISP) to meet the goal of employment. The plan outlines specific actions including job readiness and job search activities individuals will take to increase their independence.

Emergency Youth Shelter

The Cheyenne and Arapaho Tribes Emergency Youth Shelter is a short term residential facility for emergency placement for children and youth who are victims of abuse, neglect, or abandonment. Our program is funded by the Bureau of Indian Affairs and we are a state licensed facility. So far this year we have admitted ten clients who ranged in age 9 months to 17 years old. Our shelter has provided them with 232 days of care with average length of stay being 23.2 days, there were seven females and three males admitted with eight of them attending local schools. The clients receive health screenings shortly after admission and receive medical care when necessary. At this time our program has five employees who attend required training annually to remain in compliance with regulations. Our program is regularly inspected by Department of Human Services Licensing, Bureau of Indian Affairs, Office of Environmental Health, and Indian Health Service

Domestic Violence

The Domestic Violence Program is in the beginning of its third year after receiving a one year extension. We continue to assist tribal members who are victims of domestic violence, sexual assault, dating violence or stalking. We are fortunate in being able to provide transitional housing, incidentals such as clothing, personal hygiene items and food. We have also been able to assist several victims with car repairs that occurred while “fleeing” from an abuser. Our staff consists of the Program Coordinator and the Victims Advocate. You can reach the office at (405) 422-7692 or (405) 422-7639. Emergency help number that can be called 24 hours a day/7 days a week is (405) 201-8295.

Cheyenne & Arapaho Social Services
P.O. Box 167
Concho, Okla. 73022
(405) 422-7405
(405) 422-8212
LaRenda Morgan, Executive Director

Media awards

continued from page 4

“Head dancer” Potawatomi Traveling Times

2nd Place - Robert Ortiz

“State line fire” The Southern Ute Drum

3rd Place - Sammy Still

“The Indian taco kid” Gaduwa Cherokee News

Monthly / Bi-Monthly - Best News Story

1st Place - Darla Leslie

“Gov. signs retrocession...” Yakama Nation Review

2nd Place - Ronnie Washines

“Yakama voters support retrocession PL-280” Yakama Nation Review

3rd Place - M. Thomas Jordan

“Eleventh-hour ruling places Keetoowah Cherokee Casino into trust” Gaduwa Cherokee News

Monthly / Bi-monthly - Best Layout

1st Place - The Southern Ute Drum

2nd Place - Yakama Nation Review

3rd Place - The Seminole Tribune

Monthly / Bi-monthly - General Excellence

1st Place - The Southern Ute Drum

2nd Place - Yakama Nation Review

3rd Place - The Seminole Tribune

Best Online Newspaper

1st Place - Indian Country Today Media Network

2nd Place - Lakota County Times

3rd Place - Sho-Ban News

BROADCAST

Best TV Feature Story

1st Place - Darren Brown

“Bunky Ecohawk” Cheyenne and Arapaho TV

2nd Place - Darren Brown

“Chief Lawrence Hart” Cheyenne and Arapaho TV

3rd Place - Jordan Dresser

“412 - Indian Rodeo” Wyoming PBS / Wyoming Chronicle

Best TV News Story

1st Place - Mark Trahant

“Denise Juneau and Native American vote”

Best Radio Feature Story

1st Place - Tristan Ah-tone

“UW forensics lab investigates human history from found remains” Wyoming Public Radio

Best Radio News Story

1st Place - Tristan Ah-tone

WPR/KUNM

2nd Place - Tara Gatewood

Native America Calling

Radio General Excellence

1st Place - Antonia Gonzales

National Native News

2nd Place - Antonia Gonzales

Alaska’s Native Voice

3rd Place - Tara Gatewood

Native America Calling

Powwows & Events CALENDAR

Cheyenne and Arapaho Department of Health Program Community Outreach Meetings

All meetings are from 1 p.m. - 3:30 p.m. July 16-Geary Community Center in Geary, Okla. July 18, Watonga Community Center in Watonga, Okla., July 22, Canton Community Center in Canton, Okla., Aug. 1, Hammon Community Center in Hammon, Okla., and Aug. 6, Concho Community Center in Concho, Okla.

Health screenings, eyeglasses, foot exams, N7 shoes and burger fry.

Diabetes Wellness Program Summer Youth Camp

July 24-26, 2013 at the Roman Nose State Park in Watonga, Okla. For ages 8-13 years. Hiking, cultural events, health and nutrition classes. First 75 to register. For an application or more information call (405) 422-7723.

Health Screening-Summer Safety and Car Seat Safety

10 a.m. - 3 p.m. July 24, 2013 at the Elk City Ackley Park in Elk City, Okla. Presenters will be Lydia Garvey and Deborah Ellis. Door prizes and snacks. For more information or transportation call Joyce Bulcoming at (405) 470-1038 or Juanita Trout at (405) 201-0521.

The 63rd annual Indian Hills Powwow

July 26-28, 2013 at 9300 N. Sooner Road, one-quarter mile south of Britton Road in Oklaoma City. Grand Entry at 8 p.m. Sponsored by the Oklahoma City Indian Club. For more information contact Berdina Kodaseet at (405) 201-1283.

The 24th annual Oklahoma Indian Nations Powwow

Aug. 2-4, 2013 at the Concho Powwow grounds in Concho, Okla. Hours are 6 p.m. - 11 p.m., Friday, Aug. 2. On Saturday and Sunday, hours are 2 p.m. - 1 a.m.

For more information contact Dara Franklin at (405) 476-1134 or (405) 422-7545.

R.E.Sp.E.C.T. Summerfest

Aug. 2-4, 2013 in Concho, Okla. Activities begin at 7 p.m. on Friday, Aug. 2. On Saturday hours are 8 a.m. - 6 p.m. and Sunday, hours are 10 a.m. - 12 p.m.

For more information call at (800) 247-4612 ext 27570 or 27585.

Oklahoma City Powwow Club

July 27-29 at Indian Hills, 9300 North Sooner Road, Oklahoma City. Info call Yonavea Hawkins, 405-919-1572 or email yonavea@yahoo.com

American Indian Expo

Aug. 6-11, 2013 at Caddo County Fairgrounds, Anadarko. Come to the American Indian Expo to enjoy contest dancing, a carnival, parades, dance contests, pageants, a fry bread contest, talent presentations, crafts, concessions and to immerse yourself in the history and ways of present-day Native American tribes. featuring the arts, crafts and traditions of 14 plains Indian tribes. Call 405-247-6651.

Intertribal Indian Club of Tulsa Powwow of Champions

Aug. 17-19, 2013 at Oral Roberts University, 7777 S. Lewis, Tulsa. Doors open 5pm Friday, 10am Sat and Sun. Call 918-378-4494 or 918-838-8276 for more information.

Oklahoma Indian Summer Celebration

Sept. 20-22, 2013 at Bartlesville Community Center, 300 S.E. Adams Blvd., Bartlesville. Youth and adult powwows with competitive and non-competitive dancing, storytelling, a talent show, church service and gospel sing. Call 918-331-0934.

NEEDED: Foster Homes for our Cheyenne & Arapaho children! You may be the one to change a child’s life!

Preserve Their Future

Become a Foster Parent or Adoptive Parent TODAY!

CALL THE FOSTER CARE PROGRAM TODAY!
(405) 422-7495

Happy Birthday



Happy 32nd Birthday
big John
The Creator has blessed me
with an awesome son
and I am so
very proud of the man you
have become.
Have a blessed day.
We love and miss you very
much, mama, Melissa,
Britni, Jazz, JayJay
grampa, gramma, your sisters
and all your nieces
and nephews



Happy 7th Birthday
Carter Nelson Goss
RomanNose
We are very proud of you
and we love you so much!!!



Happy Belated Birthday
Joe Littlebird
Love you much
nana and papa.

Happy 8th Birthday
Miklyn "Nebi"
Lumpmouth!
July 8
Love, mom, dad,
papa, Isaiah and
Aden



Happy 9th Birthday to lil
man, Joshua Michael
Perkins! July 16th
From: your big bro Johnnie
Joe Perkins, Ur little bro
& sister Dallas & Marie
Howell & all of your
relations

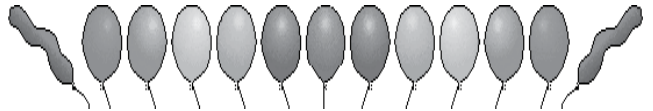
Happy 20th Birthday
Kassidi
LaNell Rice
I love you,
mom at
Kendnick
July 1



Kaelem Tennyson Goodblanket (White Elk), an enrolled member of the Cheyenne and Arapaho Tribes of Oklahoma, is Southern Cheyenne and Navajo.
He is the seven-year old son of Martin Goodblanket II and Kristen Chavez. This past spring, Kaelem was selected for the Colorado College Gifted and Talented 2013 Summer Program in Colorado Springs, Colorado, receiving a partial scholarship. Kaelem completed the class, "In the Deep Blue Sea," learning about the bio diversity of the oceanic environment and sea life.
Kaelem will be in the second grade this fall at Monterey Elementary in Colorado Springs where he



was on the honor roll this past school year. In his free time, Kaelem likes to ride his scooter, bike, play xbox, computer games, and read. Kaelem is the grandson of the late Martin Goodblanket of Clinton, Oklahoma and Zoe Goodblanket who lives in Colorado Springs, Colorado. His paternal great grandparents are the late Tennyson Goodblanket and the late Ethel Stoneroad of Clinton, Okla.



2013 Red Earth dance competition winners

- Senior adult men**
1st Mark Roanhorse, Dine, Phoenix, Ariz.
2nd Lewis Cozad, Kiowa, Mountain View, Okla.
3rd Boye Ladd, Ho Chunk, Albuquerque, N.M.
4th Zack Morris Sac and Fox, McLoud, Okla.
- Senior Adult Women**
1st Jo Neda Sage, Comanche, Lawton Okla.
2nd Mabel Cozad, Kiowa,



Yolanda Valenzuela-Lirablak

- Mountain View, Okla.
3rd Sylvestine Shields, Pawnee, Shawnee, Okla.
4th Cheryl McClellan, Sac and Fox, Norman, Okla.
- Adult Men Fancy**
1st Spike Draper, Navajo, Kirtland, N.M.
2nd George Alexander, Otoe/Iowa, Ponca City, Okla.
3rd Graham Primeaux Jr., Sac and Fox. Ponca, Otoe, Shawnee, Okla.
4th Dwight WhiteBuffalo Sr., Cheyenne, El Reno, Okla.
- Adult Men Traditional**
1st Lonny Street, Meskwaki, Hollister, N.C.
2nd Patrick Moore, Pawnee/Otoe, Yukon, Okla.
3rd George Shields, Pawnee/Otoe/Sioux, Shawnee, Okla.
4th Notah Wahpepah, Kickapoo, Jones, Okla.
- Adult Men Grass**
1st Darwin Goodwill, Dakota/Cree, Ft. QuAppelle, Canada
2nd Dijay Yarholer, Arapaho, Moore, Okla.
3rd Marty Thurman, Sac and Fox/Comanche, Shawnee, Okla.
4th Darryl Bolton, Tsimshian, Vancouver, BC Canada
- Adult Men Straight**
1st Terry Tsotigh, Kiowa, Edmond, Okla.
2nd Everett Moore, Otoe/Ponca/Kickapoo, Jones, Okla.
3rd Otto Hamilton Osage, Pawhuska, Okla.
4th BJ Moses, Comanche,

- Pawnee, Okla.
- Adult Women Buckskin**
1st Charish Toehay, Kiowa/Osage, Anadarko, Okla.
2nd Alva Fiddler, Lakota, Apache, Okla.
3rd Janet Bullcoming, Cheyenne, Oklahoma City, Okla.
4th Hauli Sioux Gray, Ponca/Tonkawa, Yukon, Okla.
- Adult Women Fancy Shawl**
1st Verna Street, Eastern Band Cherokee/Meherrin, Hollister, N.C.
2nd Carol Melting Tallow, Blood, Santa Fe, N.M.
3rd Yolanda Whiteman, Cheyenne/Arapaho, Bethany, Okla.
4th Josephine Horse Chief, Osage, Pawhuska, Okla.
- Adult Women Cloth**
1st Chaline Toehay, Kiowa/Osage, Anadarko, Okla.
2nd Rosie Motah, Comanche/Ponca/Cheyenne, Lawton, Okla.
3rd Kay Kay Franklin, Cheyenne/Arapaho, Kiowa, El Reno, Okla.
4th Darya Bear, Meskwaki, Oklahoma City, Okla.
- Adult Women Jingle Dress**
1st Stephanie Nordwall, Maidn/Pitt River, Stillwater, Okla.
2nd Yvette Goodeagle, Na-



Carrie Whitlow

- kota, Anadarko, Okla.
3rd BJ Hughes, Seminole/Otoe, Oklahoma City, Okla.
4th Brittany Yarholer, Cheyenne & Arapaho/Creek, Oklahoma City, Okla.
- Teen Boy's Traditional/Straight**
1st Marvin Garcia, Cheyenne/Arapaho, Lame Deer, Mont.
2nd Taskuru Shawnee, Pawnee, Pawnee, Okla.
3rd Roy Childs, Otoe-Missouria, Red Rock, Okla.
- Teen Boy's Fancy/Grass**
1st Tyler Thurman, Sac and Fox/Navajo/

- Comanche, Shawnee, Okla.
2nd James Ray Eaglestar, Pueblo/Sioux, Norlina, NC
3rd Marcos Estrada, Comanche, Apache, Okla.
- Teen Girl's Buckskin/Cloth**
1st Jasa Lightfoot, Apache/Kiowa/Pawnee, Apache, Okla.
2nd Catherine Howell, Comanche, Tecumseh, Okla.
3rd Raven Morgan, Cheyenne/Pawnee, Oklahoma City, Okla.
- Teen Girl's Jingle/Fancy**
1st Tylynn Broncho, Shoshone/Bannock/Creek/Ponca, Perkins, Okla.
2nd Rose Goodeagle, Nakota/Osage, Anadarko, Okla.
3rd Rainy Attocknie, Kiowa/Comanche, Apache, Okla.
- Junior Boy's Traditional/Straight**
1st Phillip Tsonetokoy, Kiowa/Quapaw, Anadarko, Okla.
2nd Eric Bond, Choctaw, Dustin, Okla.
3rd Grant Deer, Kiowa/Cheyenne, Owasso, Okla.
- Junior Boy's Fancy/Grass**
1st Xavier Toehay (Kiowa/Osage), Anadarko, Okla.
2nd Xavier Bolton, Blackfoot/Tsimshian, Standoff, Alberta Canada
3rd Jacob Mozy, Choctaw, Bethany, Okla.
- Junior Girl's Buckskin/Cloth**
1st Mali Youngman, Arapaho/Comanche/Choctaw, Lawton, Okla.
2nd Nivy Jane Yarholer, Comanche/Creek/Seminole/Cheyenne & Arapaho, Moore, Okla.
3rd Kailynn Belcher, Ponca/Otoe/Creek, Perkins, Okla.
- Junior Girl's Fancy/Jingle**
1st Juliana Wahnee, Kiowa/Comanche, Lawton, Okla.
2nd Tatiana Barcindebar (Creek), Seminole, Okla.
3rd Rachel Scott, Chickasaw/Choctaw/Seminole/Creek, Moore, Okla.
- Special Ladies Eastern Cloth**
1st Amber Komahcheet, Seminole, Ada, Okla.
2nd Annica Billey, Choctaw/Chickasaw, Ada, Okla.
3rd Erin Yarholer, Comanche/Creek/Seminole, Moore, Okla.
4th Casie Lester, Choctaw, Oklahoma City, Okla.

Red Earth art awards



Photos by Eric Oesch

- Art winners in 14 other categories were honored during the AT&T Red Earth adult art awards ceremony. First-place winners in each category received \$500, second place, \$300, and third, \$100. Those artists and their winning artworks were as follows:
- Basketry**
First: Vivian Garner-Cottrell, Cherokee, Dream Weaver.
Second: Ronda Talbert Moss, Cherokee, Baby Locks.
Third: Mary Aitson, Cherokee, Black Walnuts & Acorns.
- Beadwork**
First: La Verna Capes, Cherokee, Buckskin Dress.
Second: Yonavea Hawkins, Caddo Delaware, Blue Dreams.
Third: Michael Standing, Cherokee, Feather Fan.
- Clothing, textiles, weaving**
First: Rafina Canyon, Cherokee, Two Gray Hills rug.
Second: Brihilda Coriz, Santa Domingo Pueblo, Traditional shirt.
Third: Frances Begay, Navajo, Yei rug—Harvest Season.
- Contemporary jewelry**
First: Nelson Garcia, Kewa/Santo Domingo Pueblo, Reflection of Kingman Turquoise.
Second: Nelda Schrupp, Pheasant Rump Nakota, Necklace Breastplate.
Third: Sharon Trudeau, Odawa, Eclipse.
- Traditional jewelry**
First: Nelson Garcia, Kewa/Santo Domingo Pueblo, Boulder Turquoise.
Second: George Begay,

- Navajo, Ornate Bracelet.
Third: Jolene Bird, Santo Domino Pueblo, Corn Necklace.
- Cultural items, utilitarian**
First: Daniel Worcester, Chickasaw, Skinny Knife.
Second: James Black, Cheyenne Arapaho, Sister That Saved Her Brother.
Third: Nelda Schrupp, Pheasant Rump Nakota, Decorative Set of Two Rattles.
- Cultural items, diversified**
First: George Levi, Southern Cheyenne, Ledger Art, Cheyenne Headdress.
Second: Laketa Pratt, Cheyenne Arapaho Sioux Creek, Proud Parents.
Third: Gary Roybal, San Ildefonso Pueblo/Tewa, Kings of the Mountain.
- Drawings and graphics**
First: Marwin Begaye, Navajo, Southern Plains Warrior.
Second: Jon Tiger, Creek, Sister Love.
Third: Linda Kukuk, Choctaw, Moonlit Flight.
- Painting, oil/acrylic**
First: Raymond Nordwall, Pawnee/Ojibwe, Reflections of Yesterday.
Second: Jon Tiger, Creek, Sacred Birds of the Mississippians.
Third: Dylan Cavin, Choctaw, Ann.
- Painting, water-based**
First: Linda Kukuk, Choctaw, Medicine Crow.
Second: Bobby Bales, Taos Pueblo, Telling Time.
Third: Starr Hardridge, Creek, Southern Cloth.
- Photography**
First: Alan Yeahquo, Kiowa, Raising the Church for the New Year.
Second: Gordon Yellow-

- man, Cheyenne/Arapaho, Ho'ne he tan ei (Wolf People).
Third: Alan Yeahquo, Kiowa Ageless we Victory Dance.
- Traditional pottery**
First: Jeri Redcorn, Caddo/Potawatomi, Turkey Dance.
Second: Chase Kahwinhut Earles, Caddo, Natchitoches Witsi.
Third: Scott Roberts, Muscogee Creek, Mythical Birdman.
- Contemporary pottery**
First: Scott Roberts, Muscogee Creek, Keeper of the Fire.
Second: Jeri Redcorn, Caddo/Potawatomi, Nacodoches Scrolls.
Third: Lisa Rutherford, Cherokee Nation, Textile Im-



Britney Yarholer

- printed Pottery.
- Sculpture**
First: Troy Anderson, Cherokee N.E. Alabama, American Pickers.
Second: Michael Martinez, San Ildefonso Pueblo/Tewa, Spring Time Pueblo Girl.
Third: Gary Moore, Choctaw, Conflict on the High Plains.

CLASSIFIED SECTION

Employment:

Submit a tribal application, resume, diploma(s), transcripts, valid copy of Oklahoma state driver’s license and a copy of CDIB to Personnel Department, P.O. Box 38, Concho, Okla. 73022 or email whaag@c-a-tribes.org.

Director
Vocational
Rehabilitation Program
Closing date: July 16, 2013

Qualifications:
Master’s/Bachelor’s degree in Education, Vocational Rehabilitation or related field preferred. Excellent writing and communication skills. Two years of management experience to include staff supervision, budget oversight, and program planning and evaluation. At least two years experience in developing, writing, and administering a Section 121 Vocational Rehabilitation Program preferred. Two to five years experience in working with Native American tribes and/or State or Federal Programs preferred. Basic understanding of the disabled and handicapped and rehabilitation philosophy. Experience in job development, job search, and job placement. Valid Oklahoma state driver’s license required. O.S.B.I. criminal background investigation required. Cheyenne and Arapaho tribal preference.
SALARY: Negotiable

Teachers-Head Start
Canton, Concho, Clinton
Closing Date:Continuous

Qualifications:
CDA, AA, BA Degree in Early Childhood education and a minimum of two years experience working in an early childhood education classroom or an equivalent combination of training and experience. Early childhood education formal training and able to receive a CDA or an AA degree within 180 days of employment. Must pass drug and alcohol test. Must complete supplemental application. Must complete OKDHS Criminal Review Application. Must pass background investigation.
SALARY: Negotiable

Substitute Teacher Aides-
Head Start
Concho, Clinton, Canton
Closing Date:Continuous

Qualifications:
High school diploma or G.E.D. certification and minimum of one year experience working in an early childhood education classroom; or an equivalent combination of training and experience with willingness to obtain additional training and/or obtain additional training/or CDA or state certificate as requested. Use positive approach in directing and redirecting child behavior. Current Childhood Emergency/CPA or First Aide/CPR certification or the ability to obtain one and CDL.Obtain and hold current food handler’s card or the ability to obtain one. Maintain compliance with Criminal History Registry and agrees to random drug testing. Must complete supplemental application. Must complete OKDHS criminal review application. Must pass background investigation.
SALARY: Negotiable

CHR Van Driver-F.T.
C-A Service Area
Closing Date: Until filled

Qualifications:
Valid Oklahoma driver’s license and current driving record from the Oklahoma Department of Transportation. Obtain a current CPR certification. Must reside in or near service area. Must pass physical examination and be in good physical condition. TB Skin Test Required. High School diploma or GED certification required. Satisfy an OSBI background check. Must have own reliable vehicle and residential telephone. No history of chemical abuse. Attend training and continuing education requirements. Able to communicate effectively with different personalities. Cheyenne and Arapaho preference.
SALARY: Negotiable

Wellness Technician
R.E.Sp.E.C.T.
Open Until Filled

Qualifications:
High school diploma or GED certification required. Valid Oklahoma driver’s license and reliable transportation. Must have an active background in sports, recreation and exercise. Must have the ability to interact and communicate with varied educational levels. Must have at least one year of experience working in the sports, recreational or exercise fields. Be knowledgeable of and sensitive to the tribal member’s culture, heritage and beliefs. Adult and child CPR/First Aid certificate required. Able to perform professionally and culturally in an appropriate manner. Cheyenne and Arapaho preference.
SALARY: Negotiable

General Office Assistant/
Billing Clerk
Economic Development
Program
Closing date: July 16, 2013

Qualifications:
High school diploma or GED certification required. Dependable, motivated, and perform professionally. Ability to learn quickly. Good communication skills. Able to work a flexible schedule. Ability to lift a minimum of 25 lbs. Working knowledge of a computer and program software. Accuracy and attention to detailed work required. Ability to reconcile accounts and correct discrepancies. Must have reliable transportation and ability to work with minimal supervision. Experience with various office equipment. Ability to alphabetize. Cheyenne and Arapaho preference.
SALARY: Negotiable

School Clothing Clerk
Temp Position
Education Department
Closing date: July 16, 2013

Qualifications:
Must be proficient in the use of MS Excel. Must be self motivated and able to communicate with the public in a positive manner. Cheyenne and Arapaho preference. High school diploma or GED certification required. Ability to work with minimal supervision. Experience with various office equipment. Ability to alphabetize.
SALARY: Negotiable

Office Clerk
Enrollment Office,
Concho, Okla.
Closing date: July 19, 2013

Qualifications:
High school graduate or GED with a minimum of one (1) year of administrative or clerical experience. Must have a valid Oklahoma driver’s license and dependable transportation. Basic desktop computer skills. Experience in general office procedures. Regular attendance is a must. Must be willing to work other than normal hours when needed. Must maintain a high degree of confidentiality. Cheyenne and Arapaho preference.
SALARY: Negotiable

A.A Meetings
7 p.m.-Wed.
at the
George Hawkins
Memorial
Treatment Center
East of Clinton on
Airport Road
(580) 331-2370

Obituaries

Ida Mae Mehaffey
Feb. 3, 1929 - June 29, 2013

Ida Mae (Jarvis) Mehaffey was born on Feb. 3, 1929 in Concho, Okla., to Henry Jarvis and Stella North. She passed away on June 29, 2013 in Oklahoma City at the age of 84. Ida Mae graduated from Concho Indian School. She was one of the direct descendents of Jabeau, survivor of the Sand Creek Massacre. Her Hispanic heritage, she descended from the brother of Benito Juarez; and she was the oldest North family grandchild living. Ida Mae married Joe Mehaffey on Aug.21, 1952 in New Orleans, LA. They were married for 40 plus years until he passed away in 1992.

Ida Mae loved her children. She sacrificed for her family to ensure that they were provided for. She smiled every day and had the gift of never having met a stranger. She always made friends wherever she went, and loved all people no matter what their walk of life. She loved to sing, dance, loved to pow wow, read, tell stories, she loved to travel always wanted to go somewhere didn’t really matter where, she loved to honk her horn, and above all she loved life. She loved all of her family unconditionally; her children, grandchildren, and great grandchildren. She was an elder with the Arapaho tribe and knew her Arapaho ways; she taught them to her children and grandchildren and that they were not to forget who they are and where they came from. She will be greatly missed by all those who loved her.

Survivors include her children, David Fred Mehaffey of Tulsa, Okla., and Sandra Antonelli of Oklahoma City, her grandchildren, John Antonelli II, Danielle Antonelli, David Fred Mehaffey II, and Joseph Mehaffey,



Ida Mae Mehaffey
1929-2013

her great grandchildren, Donna Evelyn Antonelli, Brooklyn Barton Mehaffey and Lucas Tate Cory Mehaffey, as well as numerous relatives and friends. She was preceded in death by her parents, Henry Jarvis and Stella North, her husband Joe Mehaffey, grandson Cory Mehaffey, and her brother, David Fred Harold. All night wake service was held on July 4, 2013 in Geary, Okla., followed by funeral services on July 5, 2013 at the First Baptist Church in Geary, Okla.

CHEYENNE & ARAPAH0 TRIBES
OF OKLAHOMA
FILED JUN 2 8 2013
IN THE TRIAL COURT
CHEYENNE AND ARAPAH0 TRIBES OF OKLAHOMA
P.O. BOX 102
CONCHO, OKLAHOMA 73022
DOCKET PAGE
FILM IMAGE
COURT CLERK
DEPUTY

CHARLES BUSHYHEAD
Plaintiff
vs.
JESSE BUSHYHEAD
Defendant
Case No: CIV-2012-13

NOTICE BY PUBLICATION
The Cheyenne-Arapaho Tribes to: CHARLES BUSHYHEAD
JESSE BUSHYHEAD
You are hereby notified that SANTOS MARQUIS has filed in this Court a Petition For Custody regarding, D.L.M. & D.D.M., minor children, and that said Petition is hereby set for a Hearing to be heard in the Courtroom of said Trial Court of the Cheyenne Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 17th day of JULY, 2013 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said relief should not be granted.
Dated this 3rd day of July, 2013.
Rebekah Martin
Rebekah Martin, Deputy Court Clerk
Cheyenne-Arapaho Trial Court

CHEYENNE & ARAPAH0 TRIBES
OF OKLAHOMA
FILED JUN 2 4 2013
IN THE TRIAL COURT
CHEYENNE AND ARAPAH0 TRIBES OF OKLAHOMA
P.O. BOX 102
CONCHO, OKLAHOMA 73022
DOCKET PAGE
FILM IMAGE
COURT CLERK
DEPUTY

In The Matter Of The Estate Of:
DELORES RACHEL LITTLE COYOTE-WHITMAN
Deceased
Case No. P-2013-02

NOTICE BY PUBLICATION
The Cheyenne and Arapaho Tribes to: Any and all Heirs of Delores Rachel Little Coyote-Whitman, deceased.
You are hereby notified that VIRGINIA REYES has filed in this Court a Petition For Appointment Of Personal Representative of the Estate of Delores R. Little Coyote-Whitman, deceased. That said Petition is hereby set for a hearing in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 24TH day of JULY, 2013 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said guardianship should not be granted.
Dated this 24th day of June, 2013
Rebekah Martin
Rebekah Martin, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

CHEYENNE & ARAPAH0 TRIBES
OF OKLAHOMA
FILED JUN 2 8 2013
IN THE TRIAL COURT
CHEYENNE AND ARAPAH0 TRIBES OF OKLAHOMA
P.O. BOX 102
CONCHO, OKLAHOMA 73022
DOCKET PAGE
FILM IMAGE
COURT CLERK
DEPUTY

In The Matter Of The Estate Of:
KENNETH CHARLES DEERE
Deceased
Case No. P-2013-05

NOTICE BY PUBLICATION
The Cheyenne and Arapaho Tribes to: Any and all Heirs of Kenneth Charles Deere, deceased.
You are hereby notified that LENA DEERE has filed in this Court a Petition For Appointment Of Personal Representative of the Estate of Kenneth Charles Deere, deceased. That said Petition is hereby set for a hearing in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 24TH day of JULY, 2013 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said guardianship should not be granted.
Dated this 28th day of June, 2013
Rebekah Martin
Rebekah Martin, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

CHEYENNE & ARAPAH0 TRIBES
OF OKLAHOMA
FILED JUN 2 8 2013
IN THE TRIAL COURT
CHEYENNE AND ARAPAH0 TRIBES OF OKLAHOMA
P.O. BOX 102
CONCHO, OKLAHOMA 73022
DOCKET PAGE
FILM IMAGE
COURT CLERK
DEPUTY

In The Matter Of The Estate Of:
FRED L&RAYNE WHITTETAIL
Deceased
Case No. P-2013-06

NOTICE BY PUBLICATION
The Cheyenne and Arapaho Tribes to: Any and all Heirs of Fred LeRayne Whittetail, deceased.
You are hereby notified that NANCY WARE-WHITTETAIL has filed in this Court a Petition For Appointment Of Personal Representative of the Estate of Fred LeRayne Whittetail, deceased. That said Petition is hereby set for a hearing in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 14TH day of AUGUST, 2013 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said guardianship should not be granted.
Dated this 28th day of June, 2013
Rebekah Martin
Rebekah Martin, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

CHEYENNE & ARAPAH0 TRIBES
OF OKLAHOMA
FILED JUN 2 6 2013
IN THE TRIAL COURT
CHEYENNE AND ARAPAH0 TRIBES IN THE TRIAL COURT
P.O. BOX 102
CONCHO, OKLAHOMA 73022
DOCKET PAGE
FILM IMAGE
COURT CLERK
DEPUTY

ODESSA ANN MORLAN
Petitioner
vs.
KARL MORLAN, SR.
Respondent
Case No: JFD-2013-0041

NOTICE BY PUBLICATION
The Cheyenne and Arapaho Tribes to: KARL MORLAN, SR.
1836 E. FLYNN ST.
ALVA, OK 73717
You are hereby notified that ODESSA SUE MORLAN has filed in this Court a Petition For Dissolution of Marriage and that said Petition is hereby set for a Hearing to be heard in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 17TH day of JULY, 2013 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said Divorce should not be granted.
Dated this 26TH day of JUNE, 2013.
Fran Wilson
Fran Wilson, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

CHEYENNE & ARAPAH0 TRIBES
OF OKLAHOMA
FILED JUL 0 1 2013
IN THE DISTRICT COURT
CHEYENNE-ARAPAH0 TRIBES OF OKLAHOMA
P.O. BOX 102
CONCHO, OKLAHOMA 73022
DOCKET PAGE
FILM IMAGE
COURT CLERK
DEPUTY

In The Matter Of The Estate Of:
CHARLES DEERE
Decedent
Case No: CNA-P-2013-0005

NOTICE BY PUBLICATION
The Cheyenne-Arapaho Tribes to: Any and all heirs of CHARLES DEERE
You are hereby notified that LENA DEERE has filed in this Court a Petition To Probate Estate of CHARLES DEERE and that said Petition is hereby set for a Hearing to be heard in the Courtroom of said District Court of the Cheyenne-Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 24TH day of JULY, 2013 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said Petition should not be granted.
Dated this 1ST day of JULY, 2013.
Edwina Whiteman
Edwina Whiteman, Court Clerk
Cheyenne-Arapaho District Court
Petitioner:
Lena Deere
509 Holbrook Cr.
El Reno, Ok 73036

CHEYENNE & ARAPAH0 TRIBES
OF OKLAHOMA
FILED JUL - 1 2013
IN THE TRIAL COURT
CHEYENNE AND ARAPAH0 TRIBES OF OKLAHOMA
P.O. BOX 102
CONCHO, OKLAHOMA 73022
DOCKET PAGE
FILM IMAGE
COURT CLERK
DEPUTY

In The Matter Of The Estate Of:
THELMA L. HAAG
Deceased
Case No. P-2013-04

NOTICE BY PUBLICATION
The Cheyenne and Arapaho Tribes to: Any and all Heirs of Thelma L. Haag, deceased.
You are hereby notified that ONEIDA L. FALLS has filed in this Court a Petition For Appointment Of Personal Representative of the Estate of Thelma L. Haag, deceased. That said Petition is hereby set for a hearing in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 24TH day of JULY, 2013 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said guardianship should not be granted.
Dated this 1st day of July, 2013
Rebekah Martin
Rebekah Martin, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

One Man among many

continued from page 1

personal ceremonial experience however he went on to share. “I know when I started my ceremony up in Wyoming at the Arapaho Sundance, it was in 1976 the first time I went through, and in 79 I went through again. Then I finished up my vows, my painter ... my grandfather, told me I was ready to be a grandfather now, in other words your ready to be a painter yourself, you can take men and take them to the Sundance. I said ‘ok’ so they would bring these young boys, about 18-19 years old.”

Spottedwolf said at one time he had four young men to paint.

“I tell ya they about ran me ragged,” Spottedwolf loudly laughed. “They wanted to go through Sundance, but two of them the families just pushed them through, they really didn’t really want to be in there. Those are the worst ones, sometimes you gotta make them dance, Sometimes they don’t want to, I say to them. ‘Hey you came in here, it is your vow, not mine, yours. Think about what your doing.’



Spottedwolf at a powwow with his daughter, Jolene in the 1980s.

through, that turned out to be pretty good men.”

Spottedwolf said he tries to teach humility to the young men he guided through Sundance ceremonies.

“I try to teach humility, another words, turn the other cheek, you almost have to look back at the Bible, what God teaches you and what Jesus Christ teaches, and in Sundance it is in your mind when you talk to the Creator, things happen, you would be surprised how things happen, but it is through a persons belief and if your strong its good, I cant explain it,” Spottedwolf softly said. “I practice praying to God on a weekly basis, just like going to church, but I am right here,” He points out his window to his back yard. “In my back yard, build a little fire ... burn cedar ... burn sweet grass

... pray, makes me feel good inside ... people come over ... I smudge them off. That is what the Indian religion is all about having a good feeling, treating each other good. You try to help people. If they come to you, teach them how to burn cedar, take care of their family, in ceremonial way so that they can feel good inside. If you can talk to a person about what is really right on how to conduct his life, you have done a service for God and for that Person. Giving 2 or three Pendleton’s or a horse is not what is going to change him. You just have to keep working on people.”

Spottedwolf changes his focus to family life and how he made a living for them through out the years.

“Well like I said before I came home to Oklahoma and married my first wife, Sandra, we had four kids, Shawn, Anthony, Jolene and Patrice. Jolene, she died in a car wreck in 1991 she was 21 years old at that time, she had a little baby 6 months old. So my wife and I raised that little baby her name is Anna Helen. Anna was only ten years old when my wife passed away and I adopted her at that time so she became my daughter. Then I married Marijo in 2002. We knew each other from Grand Prairie powwows in Dallas. She was part of the powwow committee and she knew my first wife and Anna pretty good. We got married and she adopted Anna also, Anna has a little girl, Arianna she is 3 years old.” Emotional Spottedwolf said. “Sandra and I moved to Dallas and lived there for about three years and decided to come back to Oklahoma. I went to welding school and began to build drilling rigs down in Moore; I did that for about two years. Then I went back to printing. That is what I was taught in Chilocco, my trade was printing. That was my fall back, I could always find a printing job, I ran the small and big press, I ran the press four colors Harris Press, printed books and worked six at night to six in the morning. I like that work, it was really fun.”

He said the printing industry was at a turning to the digital world, so Spottedwolf decided to hit the road driving semi trucks.

“I started trucking School in 1995 at Ft. Cobb I earned my Class A truck driving license, drove a truck for maybe two years, then I went to repoing trucks,” Spottedwolf laughed. “That was a job, I tell ya. They would send me down to Laredo and El Paso in Texas looking for trucks. I would find them and would jump in them and take them over to the company we were working for. I would get \$1,200 a truck. I did that for maybe two years off and on. I got tired of it. I quit in 2001 when my first wife died was when I quit.”

Spottedwolf continued sharing his memories.

“When Marijo and I got married, I went to work for Creek Nation as a security guard at the Casinos. I worked in surveillance, I would watch people steal and I had to report it. I had to sit there and watch the cameras. It was pretty interesting,” Spottedwolf just grinned. “The Cheyenne and Arapaho legislative position came about and the new constitution came in and but it created a knew position here in Clinton. I tried for it and I got. Been doing it ever since, I like it. There are a lot of things that need to be done for the tribes. The legislatures job is to make laws for the tribes we are not the enforcers, we have an attorney that works for us and we try to pass laws that will help our people, plus protect our people. A law can keep some body from doing something, but if they went ahead and done it they would be going against the law. I always think that if you have a law and the people know about it, they will try to do right.”

Spottedwolf is in his 70s and still enjoys competing at powwows all over the U.S.

“All through these years I have continued to dance. It is really makes me feel good, it is healing. When I was younger, around 40 to 50 years old was when I would go up north to compete. I remember people would come ask me to go blow a whistle on the drum for their family members who were sick. So I would go blow a whistle on a drum and dance for them as hard as I can. It gives me a good feeling, when I do the best that I can for others. I have had a lot of people come ask me to dance for them,” Spottedwolf said. “I say it is a spiritual feeling ... dance for others makes you feel real humble. When I was younger I use to dance every song, dance, dance, dance. I would go through my little ceremonies before I danced, I prayed.

Spottedwolf chuckled and said “A lot of times you pray that nothing falls off, because up North you drop an Eagle feather ... they go through all kinds of ceremony just for that Eagle feather and you might not get it back.’ Which is good, a lot of times they use four dancers to pick up the feather, and they give money to the dancers, then the dancers take the money to the put in on the drum ... whoever sang for them. The songs that they use for that go, two and four, what they mean is two songs



Spottedwolf with his daughters.

you just dance stationary and when they go to that four song, each song you go into a direction, you start off going north, west, south and east. Then they go and pick the feather up, it is a ceremony, it is a feeling you get from doing stuff like that, and it is a good feeling.”

He went on and said, “One time a Caucasian man asked me, ‘What do you get out of that?’ So I asked him ‘What religion are you?’ He said ‘I am Catholic.’ I said ‘Well what kind of feeling do you get from the priest when he blesses you?’ ‘It is really something a good feeling.’ He said back to me. I told him ‘It is the same feeling you get. That is our ceremony that is our church; we don’t need a fancy building. Our church is right here Mother Earth and the clear blue sky that is our church and everything around us.’

We sit down and pray anywhere, nobody can tell you no you can’t pray.”

Spottedwolf said life is good today for him and his family.

“I’ve got at least 20 grand kids or more, the last I counted I had 10 great grand kids. Being a father is one of the best things to ever happen to me. My dad always taught me to be patient, go slow, take it easy, don’t rush. He was an easy going man and what ever he did he finished,” Spottedwolf smiled and said. “Life is short, now that I have gotten this old, I look around, just like when I went to the reunion, half my class is gone already, they either drank them selves to death or had an accident, or cancer ... this cancer is starting to get a lot of people. I pray that I stay healthy and that my family stays healthy. We have been lucky so far and everybody is having a good life. They may not think they are having a good life, but if your living and your not sick you got a good life.”

Continued on page 5

Native Business: Building a Private Sector Economy

By Jim Stanley Tribal Tribune Correspondent

It is wonderful to hear leaders throughout Indian Country talk about economic development and their desire to improve conditions so that individual tribal members may start and sustain their own businesses on and around the reservation. There is much to be done at many levels in order to conjure up a healthy ecosystem. Political leaders have the tools to create systematic changes using policy, commercial codes, and zoning laws. Third parties such as foundations, banks, and community development financial institutions play a role by providing technical assistance or capital to individual members or Tribal government. The injection of capital into the hands of individuals or Sovereigns builds assets, ideally income producing assets, that over time have the effect of diversifying the local economic ecosystem where a dollar circulates multiple times between businesses, speeding up activity, creating jobs, and making communities more resistant to economic downturns. Individuals can do their part by getting an education, participating in technical assistance classes, and finding ways to gain experience in the industry sector they may want to run a business.

It is commonly known one of the greatest barriers to growing a business is access to capital. Capital is other people’s money -and those people looking to lend their money want to know three things:

- 1) How much money does the borrower want?
- 2) For what will the

money be used?

3) How will the borrower pay me back?

The best way for a borrower to respond is answer these three questions simply utilizing the support of financial information like an income statement and balance sheet. Lenders become very interested in lending when a borrower can concisely walk into a meeting requesting a specific dollar amount, explaining exactly what (s)he will spend the money upon, the change it will cause in their business, and how it increases the net income after operations to meet the lender’s payments - on time and as agreed.

Speaking generally in regards to small business owners, they are good at operations and sometimes get into business for themselves after being an excellent employee for a period of time. Having talent, experience, and passion are an excellent start but to truly build a sustainable enterprise the owner must have a strong understanding of their operating mechanisms. The income statement will show how dollars flow into a business, the dollars it takes to produce a product or cover the cost of ongoing operations and at the end of a period of time whether the business makes money or loses money. If a business makes money- good; then the question is, how much money in exchange for the owner’s time? If the business loses money then something needs to change or the business will die. The balance sheet describes the overall health of the business and is a tool to understand working



Jim Stanley is a tribal member of the Quinault Nation, board member of the Quinault Nation Enterprise Board and the Northwest Native American Chamber. He is a professional lender and freely shares his knowledge and resources with you, his cousin, for your economic benefit. Jim can be reached at: sovereigndevelopment@hotmail.com.

capital needs, and leverage.

Knowledge to learn this fiscal language takes time and practice. The good news is a business owner does not need to be an expert overnight. They can obtain the management advice immediately by surrounding themselves with professionals like an accountant or a local Native Community Development Financial Institution (or other technical service provider) and then build their skills over time as they work with the professional. Business is not easy but for those whom possess the will and stamina, it can be a very rewarding experience.

C.H.R.
Health Screening

CHR’s program will be having a health screen on Summer Safety. On keeping cool and being safe for the summer.

Car Seat’s will be given out, child must be present. Parent must have CDIB. LITE LUNCH WILL BE PROVIDED!!! Bring all the kids out!! Come out and see us!!!

Prizes for the Kids!!!

Door Prizes

Speakers
Lydia Garvey — Summer Safety

Deborah Ellis — Summer Safety

IF YOU NEED A RIDE or more Info:
Joyce Bullcoming 405-470-1038
Juanita Trout 405-201-0521

Date: Wednesday July 24th 2013

Time: 10 AM to 3 PM

Place: Elk City, Oklahoma At Ackley Park

Diabetes Wellness Program
Summer Youth Camp
July 24- 26, 2013
Roman Nose State Resort
Watonga, OK

Ages 8 – 13 Years Old

Hiking

Cultural Events

Health & Nutrition Classes

Camp is limited to 75 participants
"Open to the first 75 applicants - First come first served"

Call 405-422-7723 or visit the Diabetes Wellness Program to request an application.



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August 9 ★ CONCHO

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